

November 2021

Worcester Central School



Monday

1

Pancakes/Sausage
Chicken Patty
W/W Bun
Peas & Carrots
Tuna Salad Sandwich

8

Pancakes/Sausage
Hot Meatball Sub
W/W Bun
Green Beans
Tuna Salad Sandwich

15

Pancakes/Sausage
Hot Dog
W/W Bun
Baked Beans
Tuna Salad Sandwich

22

Pancakes/Sausage
Chicken Nuggets
Mashed Potatoes
Gravy
Corn
Tuna Salad Sandwich

29

Pancakes/Sausage
Chicken Patty
W/W Bun
Corn
Tuna Salad Sandwich

Tuesday

2

Bagels/Cream Cheese
Sloppy Joe
French Fries
Corn
Pears
Turkey Sandwich

9

Bagels/Cream Cheese
Hamburger
or
Cheeseburger
W/W Bun
French Fries
Carrots
Turkey Sandwich

16

Bagels/Cream Cheese
Spaghetti with Meat Sauce
Whole Grain Bread
Green Beans
Turkey Sandwich

23

Bagels/Cream Cheese
Hamburger
or
Cheeseburger
W/W Bun
French Fries
Carrots
Turkey Sandwich

30

Bagels/Cream Cheese
Spaghetti with Meat Sauce
Whole Grain Bread
Green Beans
Turkey Sandwich

Wednesday

3

Apple Frudel
Mac & Cheese
Stewed Tomatoes
Whole Grain Bread
Green Beans
Egg Salad Sandwich

10

French Toast Stick
Chicken and Biscuits
Peas & Carrots
Egg Salad Sandwich

17

Apple Frudel
Nachos Grande
Meat & Cheese
Corn
Egg Salad Sandwich

24

Thanksgiving
Recess

Thursday

4

Blueberry Muffin
Chicken Nuggets
Mashed Potatoes
Gravy
Carrots
Ham Sandwich

11



18

Blueberry Muffin
Chicken Patty
W/W Bun
Garlic Noodles
Carrots
Ham Sandwich

25



Friday

5

Sausage Cheese Muffin
Cheese or Pepperoni
Pizza
Italian Blend Vegetables
Apple Sauce
Peanut Butter & Jelly

12

Sausage Cheese Muffin
Fall Festival
Bag Lunch
Ham /Cheese Sub
Apple
Chips
Milk

19

Sausage Cheese Muffin
Holiday Lunch
Turkey/Gravy
Mashed Potatoes
Peas and Carrots
Cranberry Sauce
Dinner Roll
Apple Sauce

26

Thanksgiving
Recess

Lunch K-12 Free
Breakfast k-12 Free

Available Every day for
Lunch

Variety of milk
Canned fruit
Fresh fruit
Hot vegetables
Salads

Menu subject to
change without notice
Remember you can
make on-line
payments at



School Info

Breakfast and Lunch
Is free through June

A full lunch must
Consist of 3-5
Components:
protein, grain and
vegetable

Available Everyday
for breakfast;

Asst cold cereals
Fresh fruit
Variety of milk



Did you know?

Elections are held in the United States on the
Tuesday after the first Monday in November.