

MARCH 2017

Worcester Central School



MONDAY

DID YOU KNOW...

March was the first month of the year until the Gregorian calendar began to be used in 1752.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Bagel
Sloppy Joe
W/W bun
Sweet Potato Fries
Corn
Peaches

Tuna Salad Sandwich

2
Breakfast Pizza

Chicken and Biscuits
Winter Squash
Peas & Carrots
Mandarin Oranges

Ham & Cheese Wrap

3
Sausage Cheese Muffin

Cheese or Pepperoni
Pizza
Fish on w/w bun
Romaine Salad
Italian Blend Vegetables
Applesauce

6
Cheese Omelets
Meatball Sub
W/W Bun
Green Beans
Pears

Egg Salad Sandwich

7
French Toast Sticks
Chicken Fajitas
Cheese, Peppers & Onions
Corn
Fiesta Rice
Pineapple

Turkey Sub

8
Bagel
Spaghetti With Meat Sauce
Whole Grain Bread
Green Beans
Romaine Salad
Peaches

Tuna Salad Sandwich

9
Blueberry Muffin

Hot Turkey
Mashed Potatoes & Gravy
Peas & Carrots
Pears

Ham & Cheese Wrap

10
Sausage Cheese Muffin

Cheese or Pepperoni
Pizza
Romaine Salad
Italian Blend Vegetables
Applesauce

13
Cheese Omelets
Hamburger or Cheeseburger
W/W Bun
Corn On The Cob
Baked Beans
Pineapple
Egg Salad Sandwich

14
French Toast Sticks
Baked Ziti
Green Beans
Romaine Salad
Peaches
Dinner Roll
Turkey Wrap

15
Bagel
Brunch For Lunch
Waffles, Sausage,
Warmed Sliced Apples
Hash Browns
Mandarin Oranges
Tuna Salad Sub

16
Breakfast Pizza
Chicken Parm
W/W Bun
Garlic Noodles
Green Beans
Fruit Cup
Ham & Cheese Wrap

17
Sausage Cheese Muffin
Cheese or Pepperoni
Pizza
Fish on w/w bun
Romaine Salad
Italian Blend Vegetables
Applesauce

20
Cheese Omelets
Chicken Nuggets
Mashed Potatoes
Gravy
Carrots
Peaches
Egg Salad Sandwich

21
French Toast Sticks
Nachos Grande
Cheese Sauce
Beans and Rice
Corn
Fruit Cup
Turkey Wrap

22
Bagel
Sweet And Sour Chicken
Rice
Stir Fry Vegetables
Pears

Tuna Salad Sub

23
Blueberry Muffin
Hamburger or Cheeseburger
W/W Bun
Corn On The Cob
Baked Beans
Pineapple
Ham & Cheese Wrap

24
Sausage Cheese Muffin

Cheese or Pepperoni
Pizza
Romaine Salad
Italian Blend Vegetables
Applesauce

27
Mini Pancakes
Grilled Cheese
Tomato Soup
Carrots
Peaches
Egg Salad Sandwich

28
French Toast Sticks
Macaroni and Cheese
Stewed Tomatoes
Broccoli
Pears
Mandarin Orange
Turkey Sub

29
Bagel
Spaghetti With Meat Sauce
Whole Grain Bread
Green Beans
Salad
Pears

Tuna Salad Sandwich

30
Breakfast Pizza
Hot Turkey
Mashed Potatoes & Gravy
Peas & Carrots
Pears
Pineapple

Ham & Cheese Wrap

31
Sausage Cheese Muffin

Cheese or Pepperoni
Pizza
Romaine Salad
Italian Blend Vegetables
Applesauce

Lunch K-12 2.25
Breakfast k-12 1.00

Lunch;
Variety of Milk
Canned Fruit
Fresh Fruit
Hot Vegetables
Salads

**Menu subject to change
without notice**

A full lunch must
Consist of 3-5
Components:
protein, grain and
vegetable

**FREE AND REDUCED
APPLICATIONS ARE
ACCEPTED ALL YEAR**

Available Everyday for

Breakfast:

Asst cold cereals
Fresh fruit
Variety of milk



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on-line payments**

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