

January 2017

Worcester Central School

MONDAY

No School
Holiday Vacation

2

Mini Pancakes

9

Grilled Cheese
Tomato Soup
Carrots
Peaches

Egg Salad Sandwich

No School
M.L.King Day

16

Breakfast Pizza

23

Hamburger or Cheeseburger
W/W Bun
Tator Tots
Peppers & Onions
Mandarin Orange

Egg Salad Sandwich

Breakfast Pizza

30

Meatball Sub
W/W Bun
Caesar Salad
Green Beans
Pears
Egg Salad Sandwich

TUESDAY

French Toast Sticks
Hamburger /Cheeseburger
W/W Bun
Baked Beans
Peppers & Onions
Mandarin Orange

Egg Salad Sandwich

French Toast Sticks

10

Baked Potato
Chili and Cheese
Broccoli
Peaches

Turkey Wrap

French Toast Sticks

17

Chicken Parm
Pasta with Sauce
Italian Blend Vegetables
Mandarin Oranges

Turkey Wrap

French Toast Sticks

24

Penne Pasta
Meat Sauce
Bread Stick
Carrots
Ceasar Salad
Pears
Turkey Wrap

French Toast Stick
Brunch for Lunch

31

Waffels,Sausage,Warmed
Sliced Apples
w/ Cinnamon
Hash Browns
Mandarin Oranges
Turkey Wrap

WEDNESDAY

Bagels
Spaghetti With Meat Sauce
Whole Grain Bread
Green Beans
California Blend Vegetables
Pears

Tuna Salad Sandwich

Bagels

11

Chicken and Biscuits
Winter Squash
Peas & Carrots
Mandarin Orange

Egg Salad Sandwich

Bagels

18

Nachos Grande
Taco Meat
Cheese Sauce
Beans & Rice
Corn
Fruit Cup
Egg Salad Sandwich

Bagels

25

Grilled Cheese
Tomato Soup
Broccoli
Carrots
Peaches
Tuna Salad Sandwich

THURSDAY

Bagels

5

Sloppy Joe
Sweet Potato Fries
Corn, Pineapple

Ham & Cheese Wrap

Blueberry Muffin

12

Meatball Sub
W/W Bun
Green Beans
Pears

Ham & Cheese Wrap

Blueberry Muffin

19

Chicken Nuggets
Mashed Potatos
Gravy
Carrots
Peaches

Ham & Cheese Wrap

Blueberry Muffin

26

Chicken Fajitas
Cheese,Peppers & Onions
Red beans and Rice
Pineapple

Ham & Cheese Wrap

FRIDAY

Sausage Cheese Muffin

6

Cheese or Pepperoni
Pizza
Romaine Salad
Italian Blend Vegetables
Applesauce

Sausage Cheese Muffin

13

Cheese or Pepperoni
Pizza
Caesar Salad
Italian Blend Vegetables
Applesauce

Sausage Cheese Muffin

20

Cheese or Pepperoni
Pizza
Romaine Salad
Italian Blend Vegetables
Applesauce

Sausage Cheese Muffin

27

Cheese or Pepperoni
Pizza
Romaine Salad
Italian Blend Vegetables
Applesauce

A Lunch K-12 2.25
Breakfast k-12 1.00

Available Everyday for Lunch;

Variety of milk
Canned fruit
Fresh fruit
Hot vegetables
Salads

Menu subject to change
without notice

School News

A full lunch must Consists of 3-5
Components: protein,grain and
vegetable

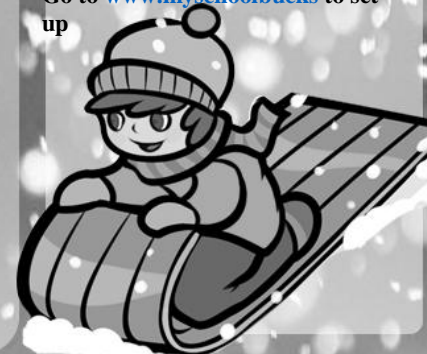
FREE AND REDUCED
APPLICATIONS ARE
ACCEPTED ALL YEAR

Available Everyday for breakfast;

Asst cold cereals
Fresh fruit
Variety of milk



Remember you can make on-line
payments
Go to www.myschoolbucks to set
up



Did you know...

On January 1, 1863, the Emancipation Proclamation
was issued by Abraham Lincoln.