

# FEBRUARY 2019

## Worcester Central School

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### DID YOU KNOW...

**THE ROMAN MONTH FEBRUARIUS WAS NAMED AFTER THE LATIN TERM FEBRUUM, WHICH MEANS PURIFICATION, VIA THE PURIFICATION RITUAL FEBRUA HELD ON FEBRUARY 15 (FULL MOON) IN THE OLD LUNAR ROMAN CALENDAR.**

**1**  
Sausage Cheese Muffin  
Cheese or Pepperoni  
Pizza  
Fresh Broccoli & Carrots  
w/Dip  
Applesauce

**4**  
Cheese Omelets  
All Beef Hot Dog  
WW/ Bun  
Tater Tots  
Corn  
Mandarin Orange  
Tuna Salad Sandwich

**5**  
French Toast Sticks  
Grilled Cheese  
Tomato Soup  
Broccoli  
Peaches  
Turkey Wrap

**6**  
Bagels  
Spaghetti With Meat sauce  
Italian Blend Vegetables  
Pears  
Egg Salad Sandwich

**7**  
Blueberry Muffin  
Chicken Nuggets  
Winter Squash  
Peas and Carrots  
Mandarin Orange  
Ham & Cheese Wrap

**8**  
Sausage Cheese Muffin  
Cheese or Pepperoni  
Pizza  
Green Beans  
Applesauce

**11**  
Cheese Omelets  
Hamburger or Cheeseburger  
W/W Bun  
Green Beans Casserole  
Baked Beans  
Pineapple  
Tuna Salad Sandwich

**12**  
French Toast Sticks  
Chicken Nuggets  
Mashed Potatos /Gravy  
Corn  
Mandarin Oranges  
Turkey Wrap

**13**  
Bagels  
Spaghetti With Meat sauce  
Italian Blend Vegetables  
Pears  
Egg Salad Sandwich

**14**  
Blueberry Muffin  
Brunch For Lunch  
French Toast Sticks  
Sausage  
Hash Brown  
Mandarin Oranges  
Ham & Cheese Wrap

**15**  
Sausage Cheese Muffin  
Cheese or Pepperoni  
Pizza  
Fresh Broccoli & Carrots  
w/Dip  
Green Beans  
Applesauce

**18**  
No School  
Presidents Day

**19**  
No School  
Winter Break

**20**  
No School  
Winter Break

**21**  
No School  
Winter Break

**22**  
No School  
Winter Break

**25**  
Cheese Omelets  
All Beef Hot Dog  
WW/ Bun  
Tater Tots  
Corn  
Mandarin Orange  
Tuna Salad Sandwich

**26**  
French Toast Sticks  
Grilled Cheese  
Tomato Soup  
Broccoli  
Peaches  
Turkey Wrap

**27**  
Bagels  
Spaghetti With Meat sauce  
Marinated Green Beans  
Pears  
Egg Salad Sandwich

**28**  
Blueberry Muffin  
Chicken Nuggets  
Peas and Carrots  
Mandarin Orange  
Ham & Cheese Wrap

Lunch K-12 2.25  
Breakfast k-12 1.00

Available Everyday for Lunch;  
1% White,  
Skim Chocolate  
Canned fruit  
Fresh fruit  
Hot vegetables  
Fresh Vegetables  
Variety of Salads

Menu subject to change without notice

Remember you can make on-line payments



### School News

A full lunch must consist of 3-5 Components: protein, grain and vegetable

FREE AND REDUCED APPLICATIONS ARE ACCEPTED ALL YEAR  
Available Everyday for breakfast;  
Asst cold cereals  
Fresh fruit  
Yogurt  
Variety of milk

